

JUNE 1987

THE MONROE INSTITUTE BULLETIN

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ON CHANNELING RE: THE MONROE INSTITUTE *by Bob Monroe*

A recent series of events has brought to the foreground a need to express definitively an answer to the question: *What is the position of The Institute as regards the growing phenomenon called "channeling"?*

The reply cannot be totally simplistic, yet we will do our best to make it so. Historical perspective may help.

It is extremely important to recognize that the process is not a new development in human consciousness. Identified in recent years as trance mediumship, it has always been a part of history under various guises, reaching back into antiquity and pre-Biblical eras. The Spiritualist Church has been and is still a training and operational source for such activity. The fundamentalist Christian "speaking in tongues", also in current practice, has been suggested as an alternate form of the same anomaly. Prophecy, meditation, hypnosis, and certain dream states all bear a remarkable resemblance to the basic phenomenon.

The Institute is unique in that it has a freedom not generally available to those organizations deeply entwined in academe, conventional sciences, medicine, and industry. It can and does consider and investigate seriously any aspects of human thought and behavior

beyond the parameters of conventional acceptability, i.e., the "babies thrown out with the bathwater".

The Institute learned quickly the reason for such rejection: few if any at all, could be studied, measured and replicated by applying orthodox methodology. Trying to drink water with a sieve as a cup is a good analogy. A few drops are left on the rim which tantalizingly increases thirst.

Thus the Institute is on-going in its effort to find alternate workable approaches to its investigation. It also attempts to provide an interface of some sort so that its findings contain "something of value" to those in conventional environments. To this end, it merely reports without drawing firm conclusions. It may speculate from premises, yet takes no firm stand. The Institute does so because it realizes that, at best, it is operating from a limited and insufficient data base.

The Institute first encountered assorted versions of what is now labeled channeling as early as 1975. Since that beginning, it has conducted over 800 experimental sessions directly or indirectly related to such awareness states, utilizing a total of 156 subjects.

A number of such subjects have subsequently moved of their own volition into private and public practice of information gathering/dissemination via altered

ON CHANNELING (cont'd)

states of consciousness, long before the current trend. How large a number is not known. Some have published books relating their experiences. Thus, it may be that the Institute has been inadvertently one of the progenitors of the current wave of interest in the channeling process.

A few of the Institute's experimental sessions have been released on audio tapes for public consideration. In all of these, the Institute made it clear that it assumed only a reportorial role. The validity, source, and intent of such data were undetermined.

To a great extent, this condition still remains, even more so with those whose history is unfamiliar to the Institute. At the very least, the Institute can affirm that measurable physiological changes did occur in those who produced successfully such phenomena in the Institute laboratory facility. This, of itself, is a significant point.

A psychologist associate of the Institute who has five patients with multiple personality disorders, has found in each a communicable alternative personality near-identical to that operating through the typical channelist. More implications, including the one that suggests all of us are potential channelers, each with our own ISH (Inner Self Helper). More questions emerge, few answers.

However, this does fall in line with one specific consensus among all of the contacts made through the Institute's laboratory subjects. Without exception, each "entity" has as an original purpose the well-being and growth of the living human individual through whom the contact was made. If others benefited or

learned from such counseling, this was incidental and relatively unimportant. None had as an avowed purpose or intent the delivery of a vital message for humankind in general. It was only through adroit and persistent queries by Institute monitors that a great mass of raw data/information was generated. Most of it still remains in the original unprocessed form, awaiting a means to codify, catalog and assess its value, if any.

From our perspective, the public channeler faces one of the most difficult tests imaginable. Because of the nature and profundity of the material transmitted, great attention is focused on the transmitter, the "television set", as it were. The problems engendered are monumental in terms of the human ego. When the difference between program and set becomes blurred, the quality and performance of each declines. Again, more questions than answers.

The Institute does hold that there may be many profound benefits arising from the wide and growing interest in the channeling process. More and more individuals are discovering that they, too, can "channel"; in so doing, each can become his own authority with his own source.

The result is of definite interest to the Institute and its membership.

GO KUDOS

Within the great uniqueness of styles, experience, and methodologies employed by Trainers in the Gateway Outreach (GO) program, the practice of "putting it out there" - talking to anyone, anywhere, about the benefits of Hemi-Sync and the Excursion Workshop - is common among GO Trainers of the Quarter. Connie Stafford is no exception. Connie's

THE DOT

by
Pam Hosler

There once was a dot, it was a speck in time
And it longed to be bigger, more like a line
So it stretched and it pushed and it worked like a fiend
But when it looked back, no line was seen.

The dot was disappointed but the point was clear
Moving only got it from there to here
That wasn't what it wanted, and though it didn't know why
It was bound and determined to try.

There was nowhere to go for the dot but within.
It was dark and unfamiliar and slow to begin.
It could do nothing but feel its own crust
But the period of darkness seemed to be a must.

For in the darkness the dot began to see
A light at the center, glowing dimly.
Impressed and startled, it stretched to give it space
And fanned, ever hopeful, this light of grace.

The light grew brighter and its message was clear
"You are not a dot; you're more like a sphere,
And whatever you love you can bring inside;
You can be all you imagine as you let me abide."

The sphere fanned the light to keep it aglow
And saw in its crust a small window.
At first it was translucent, then it became clear
And the clarity spread throughout the sphere.

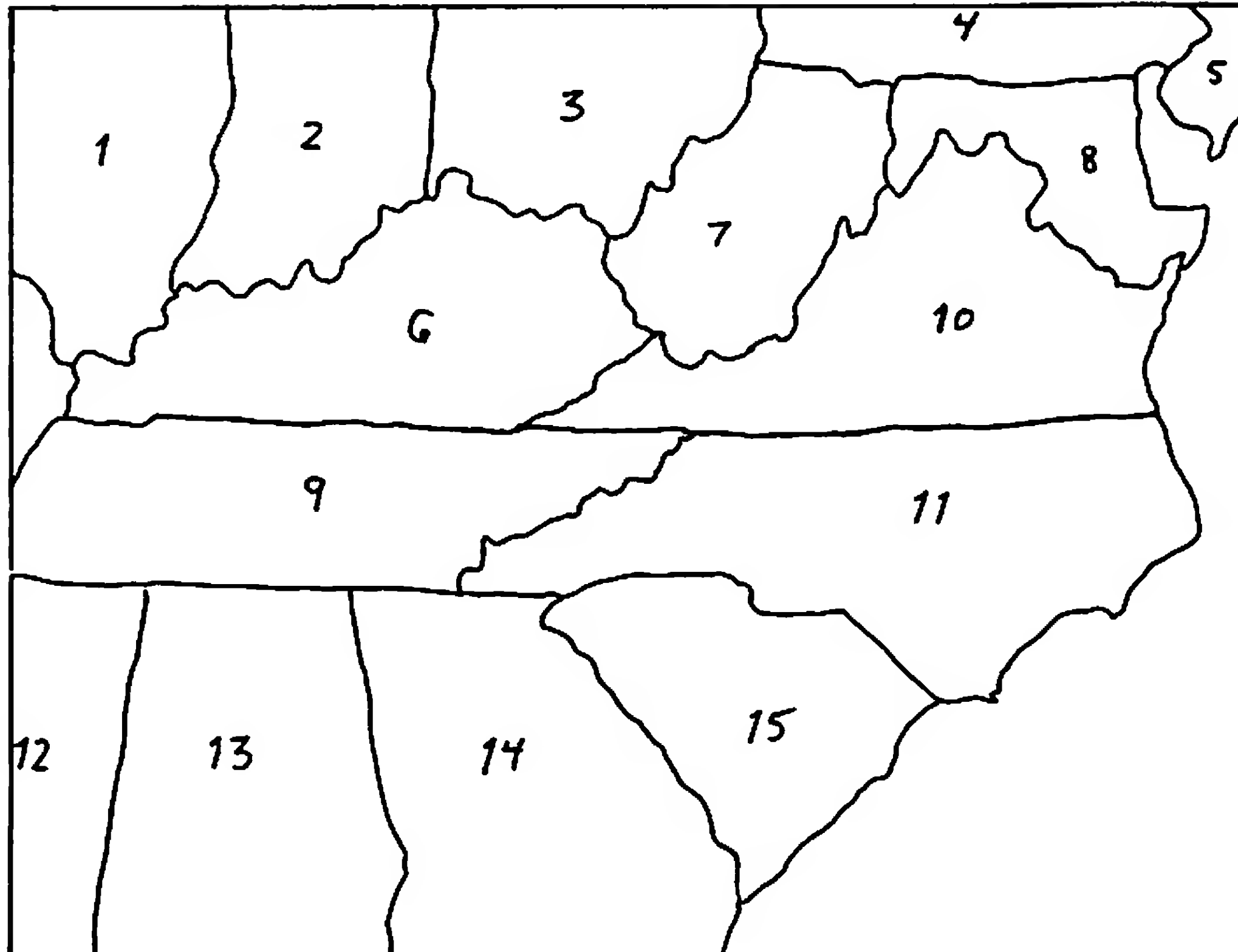
And hence a bubble was born to be:
The one who was a dot was full of glee.
And as it met dots, or approached even pins
It would love them fully and take them in.

The sphere grew bigger and bigger each day
Joining with others in a kind of play.
Other spheres also, merging to be
The biggest bubble you could imagine or see.
But it wasn't quite like they were inside the sphere
For they became spheres too, and the boundaries weren't clear.
Be that as it may, they were many, yet one
In a transparent egg of a luminous sun.

When everything that existed, moons and dogs and chairs
Were inside that bubble, with even some air,
The bubble grew brighter, and with a loud "POP!"
Became a star surrounded by dots.

The light grew brighter and its message was clear,
"You are not dots, you're more like spheres,
And whatever you love you can bring inside;
You can be all you imagine for in you I abide."

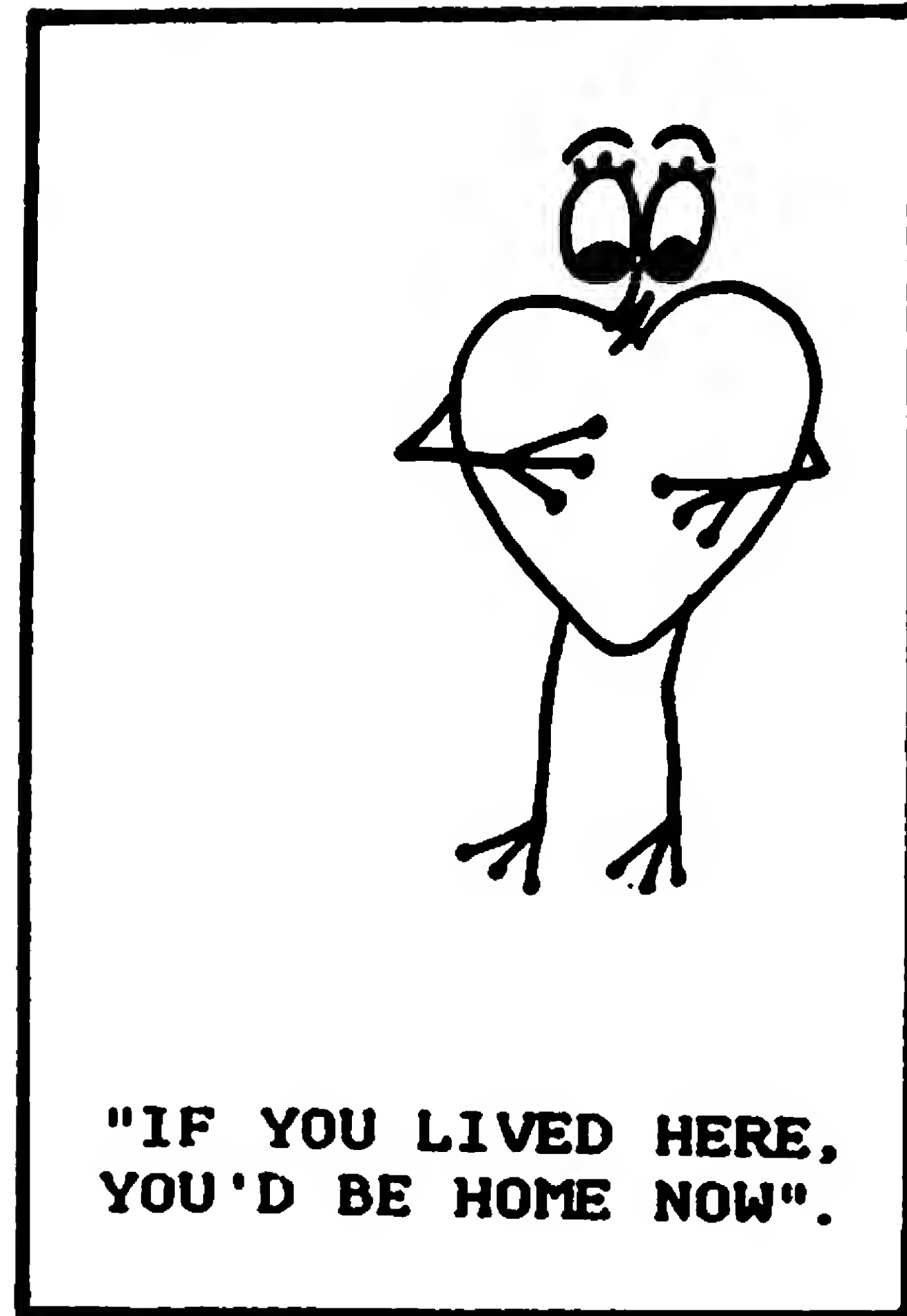
THE 10 STATE
from Jack Grenard
Carefree, Arizona



(Editor's note: We guess this means that Mississippi is "The State of Expanded Awareness" and South Carolina is "The State of No Time.")

LIFE LINES

S. Bladd



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CHANGES...

Effective July 1st, 1987, prices (both retail and TMI Member prices) on all single HEMI-SYNC tapes will increase by \$1.00. All those tapes currently priced at \$11.95 retail (\$8.50 Member price) will increase to \$12.95 retail (\$9.50 Member price). There are three exceptions to this across-the-board change: the introductory "Way of Hemi-Sync" tape will remain at its current price (\$5.95 retail - \$5.00 Member price), the "Awake & Alert" tape will increase from \$8.00 retail (\$7.00 Member price) to \$9.95 retail (\$8.95 Member price), and the "Cable Car Ride" musical wake-up tape will increase from the introductory sale price to the standard \$12.95 retail (\$9.50 Member price).

Other changes...

The HEMI-SYNC tapes that make up the "HP-10" (for High Performance-with 10 encoding signals to enhance performance) package are being taken off the market. Based on training tapes developed for the Basic Broadcasting Course at the US Army's Defense Information School, the "HP-10" tapes are being withdrawn from our regular stock of tapes to be reedited and incorporated into the upcoming "H+" (HUMAN PLUS) program.

KUDOS (cont'd)

varied skills and interests are reflected in the diversity of the 32 people she has trained since September of 1986, and in the numerous arenas into which she has integrated the Hemi-Sync technology within her community.

Dedicated to nurturing human wellness, Connie has successfully applied Hemi-Sync to pain control, eating disorders, hypnotherapy and surgery. Recently, she introduced Hemi-Sync to the staff of a local hospital and has been invited to conduct in-service programs and spearhead a research project utilizing Hemi-Sync with surgery patients.

Connie's educational background includes graphic and communication arts, psychology and nursing with an emphasis in pharmacology. An experienced hypnotherapist, she counsels clients in pain control and past life regression as well as in color psychology analysis. She is also an active networker among GO Trainers, committed to sharing her ideas and enthusiasm.

Thank you, Connie. You truly embody the concept of "Outreach" in service.

REACHING OUT

The Gateway Outreach (GO) program is a network of accredited GO Trainers throughout the United States and other parts of the world, who offer 2-day Hemi-Sync workshops called Excursions. The Excursion allows participants to experience levels of consciousness through Focus 12 - the expanded state of awareness. Combining taped exercises, group discussion, workbook exercises and short lectures, the Excursion provides an

opportunity to become familiar with the Hemi-Sync technology and to build a repertoire of tools and techniques which can be integrated into one's daily activities.

The following Excursion Workshops are scheduled for the next few months:

Seattle, WA area
June 27-28
July 11-12
August 8-9
August 22-23
contact **Betty Berens**
206-435-3657

Boston, MA area
July 18-19
August 15-16
September 26-27
contact **Stephen Bladd**
617-862-6355

Walnut Creek, CA area
June 27-28
July 25-26
contact **Margaret Buck**
Stress Options
415-933-2718 or
415-283-5175

Washington, DC area
June 27-28
contact **John Gray**
301-577-6447

Philadelphia, PA area
August 8-9
contact **Phil Irwin**
215-368-7313

Cincinnati, OH area
July 18-19
September 5-6
October 10-11
contact **Connie Stafford**
513-351-7111

For more information on GO Trainers in your area, or about becoming a GO Trainer, contact Leslie France at the Institute.

GATEWAY VOYAGE NETWORK

The Gateway Voyage Network has added three more Voyage programs to their "on the road" schedule. Here are the current offerings through August of this year:

NORTHERN CALIFORNIA
Presentation Center
Los Gatos, CA
July 5 - 10

COLORADO
Crested Mountain Butte
Crested Butte, CO
July 26- 31

MICHIGAN
Colombiere
Clarkston, MI
August 16 - 21

The NETWORK is also planning a VOYAGE in Minnesota, dates and details still in the works.

For an application, or additional information, contact:
THE GATEWAY VOYAGE NETWORK
Rt. 1, Box 175T
Faber, VA 22938
804-361-1127

NEW EXPLORER TAPE

The Monroe Institute's (TMI) EXPLORER TAPE for this quarter is appropriately entitled "Tam Mossman at Guidelines."

As a special offer, this tape is exclusively available to our membership this quarter and will not be sold or offered publicly.

A longtime friend of TMI, Tam has a strong background in information obtained from non-physical sources. As an editor for Prentice-Hall, Tam worked extensively with Jane

Roberts and Robert Butts on the publication of many of the Seth books, and sat in on many sessions with Seth. In 1985, Tam founded METAPSYCHOLOGY: The Journal of Discarnate Intelligence -- a quarterly publication which brings together channeled material from many different sources, including our own Explorers here at TMI. For a number of years, Tam himself has been channeling the energy of an entity he calls James.

Tam (and, of course, James) was a guest speaker at TMI's March '87 GUIDELINES program. "Tam Mossman at Guidelines" consists of material recorded at that evening session. Both Tam and James respond to questions on a wide variety of subjects, from earth changes to sex.

This is the second EXPLORER TAPE in a row recorded in a group setting, versus the usual Explorer/Monitor format. Please let us know your reactions to this variation.

As always, TMI offers this EXPLORER TAPE without comment as to content, so that you might form your own opinions.

REFLECTIONS

Many thanks for your response to this new column. We've received a number of submissions for "Reflections," and truly enjoy sharing the results of your creative endeavors. Please continue to send us your poems, cartoons, essays, etc.

But we also ask that you keep your submissions to a reasonable length, so that we will have room to share your creativity with our membership.

Here are a few of the offerings we have received so far:

GOING FOR IT

The GO Trainer Seminar conducted by James Jones in April was a great success and we are privileged to welcome eight new Trainers to the Gateway Outreach program. Since the seminar, several workshops have already been conducted by this group around the country and some excellent innovations are being explored. We invite you to add these dynamic folks to your list of national and international TMI contacts.

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"NON" SENSE

Chris Kalnick's "The Adventures of Non" has become a regular and very welcome feature in the "Bulletin." Chris plans to continue portraying the adventures of our non-physical friend in future issues. He would like some feedback from you folks out there in the "matterverse."

Please send your comments about the "transcendental extraterrestrial" to TMI for forwarding to Chris.

